

NAMES AND WINNERS CHOSEN FOR NEW DINING VENUES



Sita Smith named the new Magnolia Room; Louise Davis, the Corner Cupboard; staff member Melinda Perkey, the Arbor Café; and Bea Post, the Holly Terrace.

Photo by Penny Partlow

WHERE WILL WE EAT? WHAT AND HOW?

by Elborg Forster

Many of us have been fascinated as we watched the construction work on the new dining facilities in Broadmead's main building. At first the lay person could not understand what was going on. Big, noisy machines moved earth around and drilled holes. Then strong beams went up, followed by walls and roofing. Suddenly there was a new facade with rows of windows, and now everyone can see what the building will look like on the outside. At the same time, colorful floor plans appeared in the display case, along with pictures of the new fixtures, furniture and fabric samples.

Now that our fellow residents have come up with beautiful names for the new dining areas, we look at the colorful floor plans in the display case, but not everyone is sure how these spaces will be used.

So here is a little refresher. The buffet dinner will take place in the Holly Terrace, a somewhat informal but amazingly spruced-up space where we serve ourselves as we are doing now. The Magnolia Room is an especially elegant venue, where guests are expected to be dressed more formally and where they will be waited on. The meals served there will also be more elaborate and more expensive, and you will probably need to make a reservation. The Arbor Café will take the place of the present coffee shop, but it will be larger and feature a more modern decor.

Thus we can hope that all tastes will be accommodated. Is it really possible that we can move in by Thanksgiving? *(See diagram on Page 16)*

VOICE of the RESIDENTS

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EDITORIAL POLICY

The *VOICE* seeks to announce and report on events and activities at Broadmead and to carry feature articles, poems and other items written by residents and staff, and of interest to Broadmead residents, plus material assigned by the editors.

The *VOICE's* major goal is to promote a sense of community. Therefore, the *VOICE* does not publish criticism of individuals or of the three organizations that comprise Broadmead (Residents, Administration, Trustees), nor controversies about Broadmead affairs, as there are established procedures for the resolution of internal problems. The *VOICE* does not publish matters of a religious or political nature, except in the context of a lecture report with attribution to the author of the opinion. As a general rule the *VOICE* will not publish submissions from outside media due to space limitations and possible copyright problems. All submissions must be signed and the decision of the Editorial Board in regard to publication shall be final. Those submitting articles should make copies for themselves as submissions will not be returned.

We must have all submissions by the 12th of the prior month. As we want no article to run to more than one page with headline, copy which exceeds 600 words in length will be edited and cut. All submissions should be typed and, if possible, sent by Word attachment to broadmead-voice@broadmead.org, with a hard copy of same in the *VOICE* box at the reception desk on the upper level.



At the Concert, Jonathan Finch, Nydia's son; Nydia Finch; and members of the Nonesuch Trio, Laura Norris, Jeff Doll and Jim Blanchard

Photo by Don Smyth

NONESUCH TRIO PLAYS NYDIA'S MUSIC AT SMYTH CONCERT

By Sally Bloomer

Through the cooperative effort of two Broadmead residents, the Nonesuch Trio of Baltimore, consisting of two mandolins and a guitar, gave a concert here sponsored by Don Smyth in memory of his wife Charlotte.

"I didn't want this to be a sad occasion. But rather a remembrance of the music Charlotte loved so much," Don said. "My wife's mother Lillian and her aunt Rebecca played mandolin and guitar in 1918 while members of the Catonsville Mandolin Orchestra."

The other resident, Nydia Finch, became interested in the Trio when she heard them rehearse Saturdays in the Fireplace Room. She introduced them to original compositions written by her grandfather, Paul Pallos. The Trio presented two of his original compositions, *To My Beloved Daughter* and *Vienna in May* at their Broadmead concert.

Nydia's grandfather, a native of Austria-Hungary, studied piano and composition in Vienna where he was a colleague of Fritz Kreisler and Franz Lehar. In 1938 Pallos and his wife emigrated to this country for their own safety. They settled in the 90th Street section of Manhattan where he continued to compose until his death in 1943. His compositions continue to be played in Europe.

Nydia was fortunate to receive help from resident Jerry Green, who updated the notations in the original scores. Jonathan Jensen, who plays bass for the Baltimore Symphony Orchestra and conducts Let's Sing here at Broadmead, has also been attracted to the compositions, and has transcribed and recorded them.

ARCHIVIST REVIEWS ALGER HISS CASE

By Robert Forster

The case against Baltimore's Alger Hiss, which traumatized the nation in the late 1940s, was reopened by Edward C. Papenfuse, Archivist of the State of Maryland, at an early October Open Forum. Assuming that most of our audience was familiar with the basic circumstances of the trial which began in 1938 and ended ten years later, Papenfuse recalled the titanic struggle between Hiss, a golden boy of the Roosevelt administration, and Whitaker Chambers.

Chambers, a federal employee among other occupations, submitted typed documents and microfilm to prove that Hiss was passing government secrets to the Soviet Union. A trial that began with the charge of perjury (which appears sustained by the facts) now was transformed into the charge of treason.

Papenfuse's lecture was essentially an in-depth analysis of the beliefs and behavior of these two principal characters (and their wives) against the background of the McCarthy Red Scare of the late 1940s. He raised two basic issues: Was the evidence for Hiss' guilt of treason adequate? And second, was the political atmosphere so charged with fear for national security and of the "Communist Menace" that Hiss could not receive a fair trial?

Papenfuse also added an alternative explanation of the evidence Chambers presented to the investigation led by Congressman Richard Nixon by tracing Chambers' actions from the 1920s.

Papenfuse does not take the position of many Hiss supporters that Chambers was mentally disoriented. On the contrary, he sees Chambers as perfectly rational, even talented as a writer, translator, editor, and civil servant. He interprets Chambers as one of many intellectuals who were sympathetic to the Soviet Union in the 1920s and 1930s, especially when our own economy was undergoing a deep depression. But after the Stalin purges of 1936, like many others, Chambers left the American Communist Party and turned increasingly anti-Communist.

Here is where Papenfuse speculates that Chambers had a need to disguise his past political views. Added perhaps to a certain envy for youthful New Dealers (Papenfuse cites an article in the *News*

American of 1981 to suggest this), Chambers (or possibly his wife) typed the documents on the famous typewriter and forged the microfilm that condemned Alger Hiss. Papenfuse admits that his alternative scenario is speculative and that the true facts may never be known.

My own view is that Chambers was mentally unbalanced and may or may not have forged the documents. But in any case, again in my less expert view, Chambers' evidence was tainted; he was an unreliable witness. Hiss is innocent until proven guilty. Happily for Hiss, the Statute of Limitations prevented a verdict beyond perjury, though he was disbarred. Hiss was eventually able to resume his career in law in the 1970s at the time of Richard Nixon's resignation. As Papenfuse stressed throughout his talk, the political and social atmosphere can make a difference in the outcome of any trial that matches national security against dispassionate legal procedures.

The hall was full and the audience very attentive, even though the old films were difficult to hear. Adding to the presentation were maps of Baltimore and Westminster showing key sites familiar to the Broadmead audience.



THE BRA HEALTH CARE COMMITTEE LECTURE SERIES

Tuesday, November 16

"Depression—Avoid It, Resist It, or Treat It."

Jonas Rappeport MD, 10 a.m.

**All programs in the auditorium.
Everyone welcome**

IN MEMORIAM

Carl Leidy

February 19, 1915 September 17, 2010

Theodosia Easter

September 11 1919 September 22, 2010

Carrie Scheflow

March 10, 1929 October 9, 2010

WHO'S PEPE?

By Sally Bloomer

Want your car washed? Ask Pepe.

Have a flat tire? Call Pepe.

Want a ride in a 4th of July convertible? Ask Pepe.

Who is this jack-of-all- trades?

Shannon Henry III, that's who! Full of pep, vim and vigor, as his every response both physical and verbal shows. How appropriate the name!

He relates his Broadmead experience with enthusiasm, "Working at Broadmead is a blessing that I have enjoyed for 31 years. My father worked here on weekends. So did my sister Diyance as a security guard during the construction period. I enjoy this nice environment."



Photo by Penny Partlow

He started his career here in the food department after graduating from Northern High School. He soon assumed his housekeeping responsibilities which include the swimming pool area, halls on the first floor, Hallowell, and the lower level as well as third floor linens. To fulfill such numerous responsibilities he starts at 5:45 a.m..

After quitting at 2:15 back there in 1980, he was washing his car when along came mudder Kathleen Kennedy who suggested he might be able to help her out. Ever since peppy Pepe spends Saturday mornings using the hose down by the barn. The cars are sometimes lined up three deep waiting for his washing and detailing. He has his walkman going for inspiration! The only thing that deters him is 32 degree temperatures.

The ride in the convertible on the 4th of July carried the "Rosies," a group of World War II defense plant workers including resident Mary Nichols, in the parade. They were joined by bagpipers, former Governor Robert Ehrlich, the mayor and mounted police. That was pretty fast company!

Pepe grew up in Govans under the watchful eye of his grandmother because both his parents worked. Her house was the center of neighborhood activity which she constantly supervised. He appreciated her strict guidance. He learned to plan ahead and is well organized as his

wife Cookie has come to appreciate. When she had a flat tire a mile from home on a busy highway, she called Pepe for help. His answer: "Just keep coming. I can't unload the trunk along the highway to get to that tire. **I know how much stuff is in that trunk!**" So she took his advice with cars honking at her all the way home.

Two days later there were three bags full of thrift stuff sitting in the middle of the living room floor. Not much of it got back in the trunk.

Besides Cookie, Pepe lives with Snickers, a Yorkshire terrier. His fondness for dogs is apparent to resident dog owners. Whenever he meets dogs in the hall or outside, he drops to his knees to meet them on their level.

He has two cars, both of which get a lot of attention. The BMW convertible especially, in which Snickers is not allowed to ride. He has refurbished it and its leather seats.

His commuter car is a Chrysler which has a big trunk for all his tools. The day he changed my tire he unloaded a jack the size of which I have only seen in a tow truck or repair garage. Yes, peppy Pepe thinks ahead, is well organized and most willing to help residents and anybody else that needs it including Diyance and Snickers.

MUSICAL EVENTS

Sunday, November 14 at 2 p.m.
UMBC MUSIC MAJORS IN RECITAL

Wednesday November 24 at 7 p.m.
LET'S SING
with Jonathan Jensen playing

Sunday, November 28 at 2 p.m.
KUZNIK PIANO TRIO
piano, violin, cello

by Phil Schnering



Virginia Foster and Carol McCord provide music for upstairs residents weekly. They are shown here with Broadmead's new activity therapist, Burke Vair.

Photo by Marcia Reinke

MINISTER TO THE HUMAN HEART

By Virginia Foster

Fifteen minutes after we were introduced, I called over to him, "Give me a song!"

He responded "Moon River". He's the kind of person one can treat like an old friend: trusting, as in his relationship with the residents.

I'm referring to Broadmead's activity therapist, Burke Vair. His interest is in the healing ministry. His devotion to the residents is intense. "I'm not an evangelist...at least, not yet", he says. But he readily admits that he found his calling after being exposed to the Sermon on

the Mount, and is a follower of the Christian Eastern Orthodox Church.

Obviously, Burke is a doer, not merely a talker. He is, however, very articulate when discussing his life's work.

On several aspects he is adamant: the persons he administers to are residents, not "patients". Broadmead is their home. Burke's goal is to see that they are comfortable and that the quality of their lives is as up-scale as he can make it.

When I questioned him about the extent of activities he offers residents, he quickly said "SPIES": There are five "holy" elements involved.

- Social: which includes cook-outs, happy hours, birthday parties and the like.
- Physical: mild, gentle exercise programs.
- Intellectual: art, poetry readings in the morning.
- Educational: history, internet choices, music.
- Spiritual: worship allows one to withdraw to honor a higher Spirit. It lifts a person above worldly problems, something an ill person needs.

Of course, I'm partial to the benefits of music, so I play several 'listening' selections, one or two hymns (usually some will sing), and we spend the remaining time singing old folk songs and patriotic music.

The physical act of singing is good for the body. It involves use of the costal muscles (those surrounding the ribs) and the diaphragm, which controls our breathing. Perhaps the most important effect of singing is that we use more oxygen, which promotes the appearance of endorphins and positive moods. This metamorphosis is a blessing for the therapist as well as the participant.

Another blessing is the smile that replaces a frown on the resident's face. Still another is the rhythmic tapping or clapping from a resident who was lethargic or indifferent.

"Music can stimulate emotion," Burke Vair affirms. "We can partner it in our ministry with other ways of coping with human feelings, along with art and poetry. All healers. We're here to minister to the human heart as well as the body."

Burke loves his calling, and the residents respond very positively,

We're fortunate to have this dedicated newcomer here at Broadmead I

JEWISH REFUGEE SCHOLARS AT BLACK COLLEGES

Beyond Swastika and Jim Crow

By Virginia Schurman

The Multicultural Committee recently sponsored a series of three events on the theme: "From Swastika to Jim Crow" on how two cultures can relate through their common experiences.

First, we went to the Reginald F. Lewis Museum to view an exhibit describing how Jewish professors came to this country after being expelled from Nazi Germany and taught in historically African-American colleges. Their common experiences of prejudice helped professors and students to form unique bonds with each other. Participants from Broadmead could relate to the exhibit through their own experiences of surviving the holocaust, of attending black colleges with Jewish professors, and of teaching in colleges where the professors empathized with and nurtured their students. We hope to return to the museum to have more time to view the exhibits on various aspects of African-American history.

The following week we watched a video in the Broadmead auditorium on the same topic with interviews of the professors and their students. This was followed by a sharing and discussion about the similarities and differences between the experiences of prejudice against the Jews in Nazi Germany and the African - Americans in this country, and how having similar experiences helps us to understand each other. Also explored were whether there are human tendencies or conditions that lead to being prejudiced, such as insecurity about one's own worthiness and therefore a need to put down others and to make generalizations about or stereotype different groups of people.

Several participants felt that when people from different cultures work on common projects together they can come to a better understanding and acceptance of each other.

The third event was to visit St. Frances Academy to observe similar experiences in Baltimore. St. Frances Academy at 501 East Chase St. was founded in 1828 by Mother Mary Lange of the Oblate Sisters of Providence, an African-American order in the Catholic Church. Originally founded to teach the children of former slaves how to read the Bible, the Academy provides a vigorous and supportive high school experience for African-American boys and girls, ninety-five percent of whom go on to get college degrees. The school provides an education for those who cannot afford other schools or

who could not make it in public schools for various reasons. It provides an opportunity for everyone who wants to come.

A highlight of the visit was meeting and speaking with the senior students. They were our guides on a tour of the school and shared their experiences with the school and with the Jewish studies program, which is a one-year program for all students. Highlights of the program for them were the tour of the holocaust museum, learning about Jewish holidays, and learning about the similarities of the black and Jewish experience. They had also participated in the BLUES program (Black Jewish Forum of Baltimore) where students from Jewish day schools and black students do storytelling, take trips together, learn from each other, and form mutual friendships. We talked with the Jewish studies teacher, Ashira Quabili, who felt that we should go beyond tolerance to acceptance of other cultures. The school needs to raise \$800,000-\$1million dollars each year to continue. The Thomas Moore project, founded by Broadmead resident Ginnie McKechnie's son, Andrew Tomlinson, helps in fundraising.

MULTICULTURAL COMMITTEE ACTIVITIES THIS MONTH

Friday, November 5, auditorium
Talk about Benjamin Banneker
first African-American scientist and native
Marylander

Thursday, November 18, 11a.m.-4 p.m.
Bus trip to French restaurant and Banneker
Museum and quilt exhibit in Oella
near Ellicott City

*More information on bulletin board outside of
Coffee Shop*

ADVENTURES IN LEARNING

"Forefathers of the Blues"

Presented by Seth Kibel—Peabody

Wednesdays November 3, 10 and 17

Auditorium. 10:30—11:30 a.m.

Jonas Rappeport

HELLO AND GOOD BYE....

BUYING TEAM TO CHANGE AT COUNTRY STORE



A party to honor and thank the long-time Country Store buyers, who will be retiring this month, was held recently in the second floor dining room. At right are Louise "Weezie" Davis, Charlotte Hurtt and Dottie Pearre who have promised to be available during the transition. At left are newcomers Joyce Griffith, Ellen Williams and Betsy Master.

Photos by Penny Partlow

BROADMEAD LAUDED BY RED CROSS

By Ruth S. Williams

Broadmead residents and staff contributed \$5400 to support the American Red Cross work in Haiti, subsequent to the devastating January, 2010, earthquake in that country. As a result on October 5 Frank L. Miller, executive director of the American Red Cross of Central Maryland, came to Broadmead to present a plaque to the residents and staff for their donation and to bring information concerning the care of the earthquake victims and the rebuilding of Haiti.

The global Red Cross Network, which includes the USA and other nations, is providing

- Emergency shelter materials for 625,000 people.
- Grants and loans to help nearly 210,000.
- Water for 280,000 daily and food for 1.3 million for one month.
- Medical care and/or health education for 435,000. This includes prosthetics and

rehabilitation support for the injured, as well as the inoculation of over 900,000 people against diphtheria, tetanus, pertussis, measles and rubella.

- Food for 1.3 million for one month.
- Disaster preparedness activities to protect 500,000.
- Semi-permanent shelters to house 165,000 and latrines for 238,000.

SATURDAY NIGHT PROGRAMS

at 7 p.m. in the Auditorium

November 6— "Bonaparte: for an Hour" live with actress Molly Moores as the beautiful Baltimorian Betsy Patterson, who married the brother of Napoleon. A costumed monologue.

November 13— Local sculptor David Hess will discuss "Living Life as an Artist", his struggles and victories.

Movies will be shown on November 20 and 27.
See page 12.

Sue Schlenger

MOVING AROUND BROADMEAD

	<u>From</u>	<u>To</u>
Eleanor Tillett	J-5	S-327
Sarah Wolfe	D-1	S-304

WALKATHON INSPIRES VOICE WRITERS

Carol McCord talks about the walk....

Sixteen determined Broadmeaders showed up for the Community Walk in Meadowood Regional Park on Friday morning September 24. Buses proclaiming Mercy Ridge, Edenwald and Roland Park Place, as well as the familiar white and blue Broadmead, found ample parking in the recent addition to Baltimore County's Department of Parks and Recreation on Falls Road.

The Walkathon, which was organized by Wellness/Fitness staff from the four retirement communities, was on a one-mile loop around a wide grassy field, newly planted with young trees, and "do-able", despite the very warm day.

Jody Tromble and Julie Sega accompanied the Broadmead participants, providing encouragement as well as plentiful refreshments in the shade of the large pavilion at the end. There, as we rested, it was announced that a woman resident from Mercy Ridge, who had completed the walk, was 100 years old.

Participants from Broadmead were Nancy Allchin, Sally Bloomer, Shirley Christie, Bonnie Cox, Bob Forster, Linda King, Margaret Kraus, Ann Leavitt, Carol McCord, Midge Nelson, Mary Nichols, Jonas Rappeport, Virginia Schurman, Mary Ruth Sidwell, Barbara Smith and Sita Smith.

....and Sally Bloomer about other CCRCs and Bobby G.

Since coming to Broadmead, I have seriously neglected hiking. So when a trip to Meadowood Park at Joppa and Falls was announced, my conscience told me I really should make the effort.

The park was new to me and I was curious. And it was an opportunity to be sociable with residents of Edenwald, Mercy Ridge and Roland Park Place.

The hike, on a paved path with newly planted trees on a hot September day, was a challenge. But at the pavilion, the Wellness Directors had cooling drinks and prizes, if you drew the right number.

My first conversation was with the Roland Park Wellness Director who told me their residents

could swim almost any time they choose. They only had to request a staff lifeguard and make an appointment. Then I talked with an Edenwald resident about their activities only to learn she was still concentrating on her outside interests. My attention wandered and I spotted a scarce gentleman. He was wearing a dark blue T-shirt with the gold letters UNIVERSITY OF ROCHESTER across his chest. Over I sauntered. "Hello, when did you graduate from U of R?" I asked.

"In 1952," he replied. Well, I thought, he's a mere youngster since I was 1947, Oberlin. But I grew up under the influence of U of R graduates including my father, class of 1921.

"Where did you live?" I asked.

In a little town outside Rochester called Pittsford, came the reply. "How interesting, so did I. What is your name?"

"Bob Greenfield."

"Bobby Greenfield," I exclaimed. "I remember you. We were in elementary school together from kindergarten through 8th grade." The things I remember about Bobby Greenfield could fill a book. I didn't mention the time in first grade when he got so mad at the teacher that he started crying. I did recall the Halloween party his mother arranged in the Greenfield basement. We bobbed for apples, tried catching a doughnut hanging from a string, and had a grand march all around the basement to

choose the best costume. Bobby remembered none of this. Not even that Margann Eldredge, the funeral director's granddaughter, won a prize in her original gypsy outfit. And I was so sure I was going to win in my red devil's store-bought costume.

Bobby was one of the smartest kids in the class (today the term is nerd) so of course he did not remember such trivia. He had a brother Bruce and a father named Horace. I don't remember his mother's name but I do remember her Scout leader's uniform. Both sons were brains, but likeable.

In ninth grade Bobby transferred to a private school because Pittsford High could not offer enough challenging courses. So our paths parted. Now, here he was telling me about Dickie Fisher and Teddy Jackson, both of whom I used to play hide and seek with in the nearby town cemetery. This curly headed blond kid ended up working at the Pratt Library and living in Charles Village. But he still wears glasses and has a friendly smile.

Hiking toward Bobby Greenfield was my reward for following my conscience.



The Advantages of Disability

By Susie Fetter

It has come to this: persons not having physical limitations are now depicted as temporarily abled. The rest of us have been labeled handicapped, disabled physically, and differently abled. This sensitivity in labeling the physically handicapped person is commendable but unnecessary.

As disagreeable as it is, this condition has great advantages. Without too much effort, I have come up with ten.

* With an obvious disability, you're ushered to the head of the line. When I first donned crutches in 1967, I felt self-conscious and a tad sorry for myself – but not for long. A trip to Expo '67 in Canada revealed the preferential treatment for people like me: courtesy, sympathy, and no waiting in queues. This advantage is applicable in most situations, the exceptions being movies and rock concerts.

* Parking is a piece of cake. Handicapped parking spaces abound, and heavy fines discourage abuse by able folk. In addition, a car with a handicapped tag is permitted extended time in any legal parking space. Anyone want a ride downtown with me?

* Casual housekeeping is tolerated. Never mind that my house would look the same if I had the same vigor as I had in my twenties. Now I have the perfect excuse, and I don't have to explain the mess to anyone.

* One's children develop independence and character. Although at the mouthy age of thirteen our son declared, "Mom, you use your handicap to exploit us", he's now a sensitive New Age guy. Walking, biking, or taking the bus to school, sports, and dental appointments trained our offspring to get almost everywhere without good old Mom behind the wheel. 9

* A handicap brings out the best in others, restoring your faith in humanity. People open doors, carry parcels to the car or a food tray to the table. I've had people stop me and pray for me. My favorite act of compassion came from a homeless man who offered me a dollar.

* You can decline with a clear conscience certain volunteer requests – like trudging around in the neighborhood collecting for the March of Dimes.

* You are spared the guilt of avoiding strenuous exercise. While I know that some joggers love the high of running, I wonder about the grim expression on the faces of others. Warm water exercise for me, thank you.

* A handicap assures you rapport with disadvantaged people. Health problems have always been a major concern for the poor and elderly residents of our inner cities. Hobbling through crumbling neighborhoods when I was a home teacher in Baltimore, I would receive glances of sympathy and offers of help from people different from me. My handicap, a form of arthritis, was familiar to many a soul who had to earn a living lifting or scrubbing. Discussion of aches and pains cut across barriers of class and race.

* Finally: You are showered with praise and admiration. I've finally learned to stop protesting these acclamations: "You are so brave!" "You are so courageous!" "You are Incredible!" In the early years of my disability,

I deflected these statements. After all, what choice did I have? Without crutches, I'd be like all the women I know who have juggled family, jobs, and volunteer activity without any special acknowledgment. Since I am so amazing, I don't have to feel inadequate about not earning a law degree or becoming a corporate executive. I can claim an even greater role: I am an inspiration! So, all you temporarily abled people – cheer up! You can look forward to the day when various body parts start to fail, and you can join the ranks of the differently abled.



Photo by Penny Partlow

OCTOBER BARN SALE YIELDS \$12,109

SATURDAY EXPERIMENT DEEMED SUCCESSFUL

By Marcia Reinke

Proceeds from the two-day October barn sale totaled \$12,109, well above the amount anticipated in the Residents Association budget and, it would seem, proof that a Saturday sale is a good idea.

On Friday the sale was open for seven hours, from 7:30 a.m. to 2:30 p.m., with the first hour reserved for staff and residents. Sales amounted to \$6,943. Saturday the sale was open for three-and-a half hours, with the final 90 minutes half price. Sales were \$5,166.

Barn sales in recent years have always been held on weekdays. But because most off-campus prospective buyers work weekdays, this year the Barn Sale Committee decided to try a Saturday sale. Several residents who worked the sale Saturday observed, however, that a later starting time might make sense, since there was little traffic before 10 a.m.



SALES BY DEPARTMENTS

APPLIANCES	\$647
BAKED GOODS	\$482
BOOKS	\$328
CHINA etc.	\$726
CLOTHING	\$3,021
FURNITURE	\$1,931
JEWELRY	\$1,288
KITCHENWARE	\$809
GIFTS/CHRISTMAS	\$715
THIS & THAT	\$715
LINENS	\$715
SHOES/BAGS	\$513
MAIN DESK etc	\$221

TOTAL	\$12,109
FRIDAY.....	\$6,943
SATURDAY	\$5,166

Photos by Ethel Landis

MY NAME IS SUE

By Ruth Williams

"Hello, Annie, how are you?"
Bill said, as he passed me by.
Of course, my name is really Sue,
I thought with a little sigh.

Annie is short, and so am I.
Her hair is gray, and mine is too.
So maybe that's the reason why
Bill called me Annie and not Sue

"Hi there Betsey," Pamela cried.
Betsey has a cane. I do too.
So maybe that's the reason why
Pam called me Betsey and not Sue

"Greetings, Pat," said a gal in red,
As she trudged along the path.
"You're blind as a bat," I almost said.
But that might have evoked her wrath.

Another gal jogged along the way.
"Good Morning, Sue," she called to me.
Hallelujah! She made my day!
She knows my name but WHO is SHE?

TOO MANY PILLS?

By Dr. Frank Iber

Dr. Barbara Carroll, Broadmead's Medical Director, in a talk entitled "Do I Need All these Medications?" said use of multiple medications by older people is very prevalent and can result in significant adverse outcomes. Her talk was sponsored by the Residents Association Health Care Committee.

The risk of adverse drug reaction increases with the number of medications and most commonly results in falls, confusion and decline in functional status, she said.

So to minimize one's risk, ask your doctor if the drug is necessary, what is the desired effect or end-point, and do the benefits outweigh the risks.

Also have your list of medicines updated at your yearly physical and carry the list in your wallet.



Twenty residents took advantage of an AARP program on safe driving sponsored by the BRA Health Care Committee. *Photo by Marcia Reinke*

BIRD AND NATURE GROUP

Friday, November 26 1:30 p.m.
Stony Run Board Room



Everyone Welcome

Wednesday Worship

1st Wednesday every month at 10:30 a.m.
EPISCOPAL COMMUNION

Taylor East Lounge, 3rd floor
Sponsored by Sherwood Episcopal Church

2nd Wednesday every month at 10 a.m.
CATHOLIC MASS

Taylor East Lounge, 3rd floor
Sponsored by St. Francis Xavier Church

3rd Wednesday every month at 10:30 a.m.
PRESBYTERIAN COMMUNION

Stony Run Activities Room, 3rd floor
Sponsored by Ashland Presbyterian Church

VESPERS

Sunday, November 21, 4:30 p.m.

Main Lounge

Rabbi Geoffrey Basik

Kol HaLev Congregation

All are welcome

Bill Duff

OPERA VIDEO

Friday, November 26, 7 p.m. Auditorium

IL TROVATORE

Opera by Giuseppe Verdi

VIENNA STATE OPERA

Starring Placido Domingo and Raina Kabaivanski.

Harry Blumenthal



BROADMEAD MOVIES

In the Auditorium at 7 p.m.
 Tuesday and Thursday movies
Selected by Elborg and Bob Forster
 Saturday movies
Selected by Jeanne Stephenson

Thursday, Nov. 4 **The Picture of Dorian Grey** *(Day change due to Tuesday election)*

Set in England in 1900, young dandy Dorian Grey (Hurt Hatfield) retains perpetual youth while his painting reveals his aging and his many "vices," especially in his behavior toward women. George Sanders expresses Oscar Wilde's cynical wit about English high society.

1945 NR/ B&W 110 minutes

Tuesday, Nov. 9 **Pleasantville**

This sly, provocative allegory reveals the shortcomings of 1950s-style sitcom "utopias." Humorous at first, the film ends by criticizing the artificially ideal environment of the decade in America.

1998 PG 124 minutes

Tuesday, Nov. 16 **Pascali's Island**

Ben Kingsley plays a lowly Turkish bureaucrat in a remote Aegean island in 1910. The arrival of an adventurous and handsome British archeologist (Charles Dance) challenges the Turk's position and his undeclared love for a charming Central European woman (Helen Mirren).

1988 PG 101 minutes

Saturday, Nov. 20 **South Pacific**

Rossano Brazzi, Mitzi Gaynor, John Kerr. A nurse from Little Rock, Arkansas, meets a mysterious French planter on a South Pacific island during World War II. The beauty of the island, the hijacks of the sailors, and the danger of war provide the setting for their romance.

2006 PG 172 minutes

Tuesday, Nov. 23 **Captain's Paradise**

Alec Guinness plays a bigamist ship captain, who has two very different wives on opposite sides of the Straits of Gibraltar. The captain's "paradise" is the perfect male dream until each wife demands a change of lifestyle. Lotsa fun.

1953 NR/B&W 77 minutes

Saturday, Nov. 27 While You Were Sleeping
 Sandra Bullock, Bill Pullmann, Peter Boyle. A young woman saves a man's life. While he lies comatose, his family assumes that the woman coming to visit is his fiancée. Her real interest is in his brother whom she marries.

1995 TBA 103 minutes

Tuesday, Nov. 30 Monsieur Ibrahim
 1960s Paris is the backdrop for this heart-warming drama about a teen-aged orphan, Momo (Pierre Boulanger), who has few friends except for the kindly neighborhood prostitutes. Momo finally finds a father figure in a wise old storekeeper, Monsieur Ibrahim (Omar Shariff). *French with English subtitles.*

2003 PG 95 minutes



LET'S DANCE

with the George Hipp Trio
 Monday, November 8
 7 p.m. in the Auditorium

Everybody welcome
Ted Wilson

TRANSCIENCE

By Anne Allen Dandy

"Time to bring the heirlooms indoors," Allen reminds us once again. Walter's 52-year old ficus has prospered during the summer. Large dark green leaves, heavily veined, old wrinkled figs still clinging, are neighbors to new lighter leaves and smooth pale younger fruits.

The twisted, braided hibiscus, whose branches actually intertwine with the ficus, will be wintered in the Broadmead greenhouse. There the double red blossoms will brighten the interior at intervals.

Our clivea, which completed the trilogy on our porch, will join us in our bedroom. A few bunches of yellow-orange flowers should appear during the winter months. Oxygen and moisture provided by our plants should alleviate the extreme dry heat.

BOOKS NEW TO BROADMEAD LIBRARY: FICTION, BIOGRAPHY, NONFICTION, LARGE PRINT

Fiction is shelved in order of author's last name.

Fiction

Regular fiction is in the Main Library, central book-cases.

Flagg, Fannie. *A redbird Christmas*. 2004.
Grisham, John. *The broker*. 2005.
Roberts, Nora. *Northern lights*. 2004.
Russell, Mary D. *Dreamers of the day*. 2008.
Updike, John. *The complete Henry Bech*. 2001.
Wilson, Edward O. *Anthill*. 2010.

Mystery Fiction

Mystery fiction is in the Main Lounge, far right wall, right-hand side.

Burke, James L. *The glass rainbow*. 2010.
Griffin, W.E.B. *Death and honor*. 2008.
Jackson, Lisa. *Absolute fear*. 2007.
Paretsky, Sara. *Blacklist*. 2003.
Scottoline, Lisa. *Think twice*. 2010.
Unger, Lisa. *Sliver of truth*. 2007.

Nonfiction is shelved in order of call number, which is the order in which books are listed below (only first authors are listed).

Biography

Regular-size biography is shelved in the Main Library, on the wall opposite the entrance.

Palin, Sarah. *Going rogue: an American life*. 2009.
F910.7.P16
Signoret, Simone. *Nostalgia isn't what it used to be*.
1978. PN2000.S57A
Sullenberger, Chesley. *Highest duty: my search for
what really matters*. 2009. TL.S94

Nonfiction

Nonfiction with call numbers up to PR is in the Main Library, beginning at the back of the right wall. It continues (PS-Z) on the Lower Level in the lounge area under the stairs.

Bulfinch, Thomas. *Mythology: The age of fable;
Legends of Charlemagne*. 1913. BL300.B93b
Geoffrey of Monmouth. *The history of the Kings of
Britain*. 1969. DA140.G34

Dale, Alzina S. *Mystery reader's walking guide,
England*. 1988. PR110.E5d

Large Print Non-fiction

Large print books are shelved in the Lounge outside the Main Library, against the far right wall. Large print nonfiction is at the end of this section, near the middle of the wall.

Tolstoy, Leo. *A calendar of wisdom: daily thoughts
to nourish the soul*. 1997. BJ.tol
Patterson, James. *The murder of King Tut: the plot
to kill the child king: a nonfiction thriller*. 2009.
DT.pat
Ellis, Joseph. *American creation: triumphs and
tragedies at the founding of the republic*. 2007.
E.ell
Truman, Margaret. *The president's house*. 2003.
F.tru
Wapner, Joseph A. *A view from the bench*. 1989.
KF.wap
Shakespeare, William. *As you like it*. 2006. PR.sha
Hawking, Stephen W. *A brief history of time: from
the big bang to black holes*. 1989. QB.haw

You are cordially invited to
**HEAR BETTER FOR THE
HOLIDAYS**
Learn easy communication tips and strategies to
enhance your holiday hearing experience.

Thursday, November 11 at 7 p.m.
Auditorium

Afterwards please join Broadmead's
Community Audiologist, Dr. Jennifer
Bentley for delectable treats and good
conversation.

BOOK GROUP SELECTIONS



*Note date change due to first
Monday conflict with Road Scholar
presentation*

November 22...*Outcasts United* by
Warren St. John. (recommended for
reading in Maryland)

December 6..*To Kill a Mockingbird* by Harper Lee

There will be no January discussion. We will dis-
cuss *Huckleberry Finn* by Mark Twain, February 7.



Didn't hurt at bit.....Joe Giles was one of the many residents who took advantage of three days of Outpatient Department flu vaccines. Here Marisa Shaff R.N. administers the dose.
Photo by Marcia Reinke

HOPE HAIKUS*

By Carolyn T. Underwood

Like two billy goats
 Christian Right and Muslim Right
 Will fight to the death.

Why not let in light?
 All is not black nor white
 There is truth in both.

Interdependent,
 We all are in one world
 Let us open the door.

Let us share our wealth,
 Not to reward evil,
 But to help the poor

There needs to be hope,
 That's what will make peace.
 In its breadth and scope.

*(*Japanese don't do a series of haikus. but Americans do.)*

SCIENTISTS RECOMMEND PRIMITIVE DIET

Dr. Jerry Green, a member of the BRA Food Committee, recently attended an international conference on "Food as Medicine", the bottom line of which was to return to a primitive diet, the diet of our ancestors not the western commercial diet which leads to obesity, hypertension and heart disease. Here's Jerry's summary of how to do that:

1. Eat a large amount of fresh, locally and organically grown produce.
2. Eat at least one handful of unsalted nuts and seeds each day.
3. Get outside and move. Get daily sunlight exposure or take Vitamin D.
4. Restrict animal protein sources to grass-fed or wild animals.
5. Limit dairy consumption to raw and/or fermented products.
6. Limit grains. Use only whole and/or sprouted grains.
7. Use raw honey as your primary sweetener.
8. Avoid all chemical additives (preservatives, sweeteners, flavorings etc).
9. Avoid cooking foods at temperatures greater than 350 degrees. (Higher temperatures break down nutrients and produce carcinogenic agents.)
10. Search for wild edibles and heirloom varieties of all plants as often as possible.

It's never too late to adopt this diet, Jerry says. Natives in Australia and Africa who have left a primitive diet and moved to the west have developed western diseases but when they return to a primitive diet their health improves.

**FRIENDS MEETING FOR WORSHIP
 SUNDAYS AT 11 A.M.
 STONY RUN BOARD ROOM
 Everyone welcome**

HITHER, THITHER AND YAWN

With Foxy Georgia

HOLY GUAUCAMOLEY ! – Racing to meet the deadline..in a dead heat !!.

Hey, saw other Broadmeadites in the Race for the Cure: Mary Jo Campbell, Betsey and Harry Butcher and our own medico, Barbara Carroll.

We could have our very own race here with speedy movers, like Dorothy Barr who gives her walker a real workout, Joan Tapley who covers the ground beaucoup fast, and Ralph Partlow who lopes right along.... practicing jumping over the net, after you win your, set, Ralph?

Meanwhile, the rest of us are reading the letters to the editors in the Sunpapers, from Nancy Henley and Dick Allchin

.....Gotta tell you that the lovely melody that accompanied Dick Dunlop in that play was composed for the occasion by Carolyn Underwood. She also paints and writes poetry ...and generous too...ask her about her marvelous gift of her cello to a student at the Baltimore School for the Arts.... there is no end to her talents, it seems...

Elections are everywhere and Anne Lee, Marcia Reinke, the Micheners and Kitty Stierhoff arranged a super evening bringing us 15 candidates for the primary race (another race?), four sitting judges and a partridge in a pear tree. Each candidate, looking spiffy in jackets and ties, was assigned an escort. Fleasy Platt, Bobbie Dunlap, Anne Leavitt, Peggy Taliaferro, Alice Giles, Carol McCord, Ethel Landis and the Micheners, Jane and John, Don Smyth, Margaret Proctor and Elborg Forster herded them around to meet us kids. Then each candidate was allowed 3 mins. to give his pitch.Kitty Stierhoff was the very efficient time keeper..... and Jonas Rappeport was the MC... there's a great future there for you, Jonas. Later on in the month, we all voted here...we're a certified voting place.... Donna Smith was one of the election judges..... We take all that stuff seriously !!.

Virginia Schurman on behalf of the Multicultural Committee ran a documentary about integration, and gathered us in groups for discussion....Midge Nelson and Irene Schneider, Joe Giles, Betsey Spragins, Ginny McKechnie among others had a lotta great experiences to relate

By now, you all know the names of the different eating venues, and those lucky winners of the names selected. Congratulations to you gals....Weezie Davis, Bea Post, Melinda Purkey and Sita Smiththe signage looks so enticing, and attractive.. so.. remember we'll also need to look enticing and attractive.. ..outta neck ties? outta jackets?...there are knockout numbers in the Barn Sale lower level store (adv.)

Two sessions with the Road Scholar program were informative and well attended....got to meet a number of interesting scholars from this area, and Louise Williams, Adele Free, Susie and Bob Fetter, Sita Smith, Bill Reinke, Sally Weinman, Brenda Brewer, Carolyn Hoffman chatted and had lunch with these guest scholars....mix-it up gang..it's fun !!

The Woodshop group, John McShane, Jonas, (mentioned above) Dwight Hastings, and Nancy Boyce, among others, restorers par excellence, have reserved a special corner for our resident sculptor, Larry Schneider. It's a treat and privilege to have this source of expertise available for our needs and pleasure....the worker-bees would welcome you to join them, but unless you are ole mike angelo, only Larry works alone in his atelier...

..and no more space for old Foxy so ... sign off time,... 'nuff said

OPEN FORUM PRESENTS

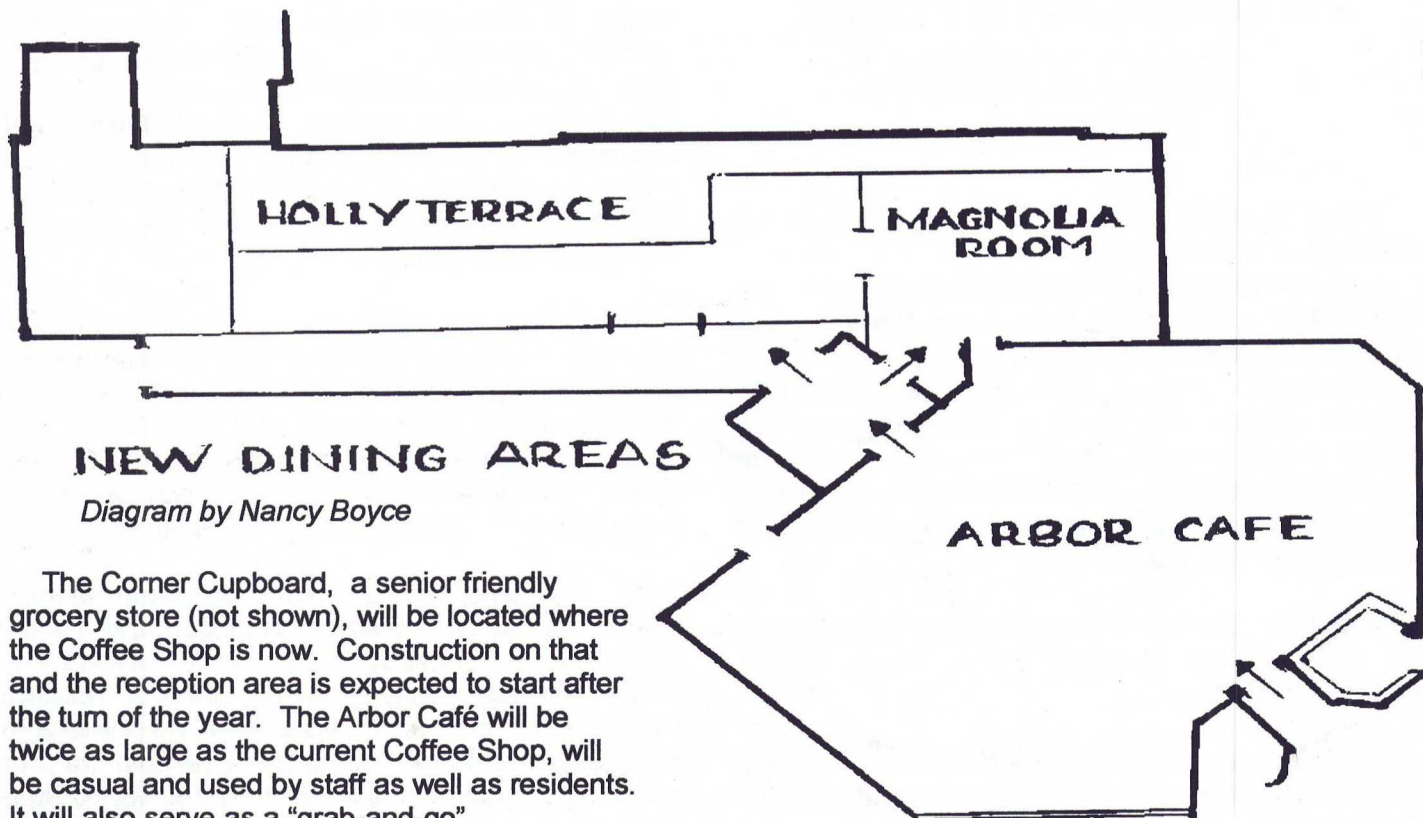
7 p.m. Auditorium

LOOKING BACKWARD: THE ELECTION OF 2010

Friday, November 12, Matthew Crenson,
Professor of Political Science,
Johns Hopkins University

DRONES IN WARFARE: YES OR NO?

Friday, November 19
Ellen Lord, president
AAI Corporation, a division of Textron



The Corner Cupboard, a senior friendly grocery store (not shown), will be located where the Coffee Shop is now. Construction on that and the reception area is expected to start after the turn of the year. The Arbor Café will be twice as large as the current Coffee Shop, will be casual and used by staff as well as residents. It will also serve as a "grab-and-go".

The Holly Terrace will replace the current dining room, with better acoustics and a carving area. The Magnolia Room will be a nice restaurant with specialty meals and signature items. A place to entertain, it will be a reservation-only set up. It will be open only in the evening, although it may serve lunch for special events. Exact hours for all venues are not yet determined.

The Food Card can be used in all three dining areas and in the Corner Cupboard..

BROADMEAD COMMUNITY QUILT

The Multicultural Committee has been asked to plan a memorial activity for Ann Michener.

All residents are welcome to join in making a memorial quilt in her memory. Further details later.

Virginia Schurman



Broadmead

13801 York Road
Cockeysville, Maryland 21030

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